

Permanent Brevet #62

Submitted by: Tracy Barill

Rivers, Reaches and Beaches 200K

Distance (cumulative)	Turn	Direction	Route Description	Distance Interval
0.0			START – Starbucks on Esplanade Street and Rogers Ave, North Vancouver	
0.0		E	Esplanade Street	0.7
0.7	BR	E	Low Level Road (becomes Cotton Road then Main Street)	3.2
3.9	BR	E	After crossing Mountain Hwy move onto to Sidewalk – cross at Ramp to bridge to take bike path to cross off ramp from bridge then cross bridge on east sidewalk	0.2
4.1	R	S	Cross over Iron Workers Memorial Second Narrows Bridge along sidewalk on east side of bridge (Caution: oncoming cyclists and pedestrians)	1.6
5.7	L	E	Immediately at end of bridge take bike path up to Fellowes Street	0.1
5.8	L	NE	Fellowes Street	0.3
6.1	R	S	Boundary Road	1.1
7.2	L	E	Albert Street	1.7
8.9	R	S	Alpha Ave (cross over Hastings Street)	0.3
9.2	L	E	Frances Street	1.8
11.0	L	N	Fell Ave	0.1
11.1	R	E	Hastings Street	1.3
12.4	BL	E/S	Inlet Drive (becomes Barnet Hwy)	8.6
21.0	L	E	Clarke St.	1.2

22.2	L	N	Moody Street taking the ramp to the left to complete a full circle connecting with Murray Street	0.3
22.5	L	E	Murray Street (becomes Guildford Way)	5.2
27.7	L	N	Pipeline Road	0.8
28.5	R	E	David Ave	0.0
28.5			CONTROL #1: Information Control at Corner of Pipeline and David	
28.5	CO	E	David Ave	0.9
29.4	R	S	Shaughnessy Street	2.9
32.3	L	E	Prairie Ave	1.4
33.7	R	S	Coast Meridian Road	1.3
35.0	L	E	Lougheed Hwy #7 to cross over Pitt River Bridge	3.3
38.3	L	NE	Dewdney Trunk Road	0.4
40.6	R	S	Harris Road	0.2
40.8	L	E	Dewdney Trunk Road	2.4
43.2	R	S	203 rd Street (becomes 113B Ave to cross over Golden Ears Way)	3.9
47.1	L	S	Bike Path to connect with west sidewalk to cross Golden Ears Bridge	3.7
50.8	BR	S	Exit bike path and continue south (199A Street) to connect with 96 th Ave	0.2
51.0	L	E	96 th Ave	6.7
57.7	L	N	Glover Road	0.3
58.0			CONTROL #2 Fort Langley Your Choice	
58.0	R	E	Mavis Ave	0.1
58.1	L	N/E	River Road (becomes 88 th Ave)	6.3
64.4	R	S	264 th Street	17.0

81.4	CO	S	Border crossing into the USA becomes Guide Meridian Road (Hwy 539)	5.6
87.0	R	W	Badger Road	8.1
95.1	L	S	Sunrise Road	3.3
98.4	R	W	Birch Bay Lynden Road	11.1
109.5	L	SW	Harborview Road	0.2
109.7			CONTROL #3: Bay Center Market	
109.7	T	N	Harborview Road	2.7
112.4	R	N	Drayton Road (Drayton Harbor Road)	1.5
113.9	L	E	Blaine Road (WA-548)	1.5
115.4	L	N	Peace Portal Drive	2.9
118.3	R	W	H Street	1.2
119.5	L	N	Truck Route Hwy 543 to Canada Border Customs)	0.6
120.1	CO	N	Canada Customs	0.7
120.8	CO	N	176 th Street (Hwy 15)	12.3
133.1	L	W	64 th Ave	11.2
144.3	R	N	124 th Street	3.7
148.0	L	W	82 nd Ave	1.6
149.6	R	N	116 Street	1.1
150.7	L	W	Nordel Way (down hill and across Hwy 91) to Nordel Court	3.3
154.0			CONTROL #4 Nordel Way – Your Choice	
154.0	T	S	Nordel Way	0.2
154.2	L	E/N	On Bike Path starting at Scale Access Road to cross over Alex Fraser Bridge	3.1
157.3	R	N	Cross Cliveden Ave and ramp from 91A to continue on sidewalk north	1.8
159.1	L	S	Exit bike path through fence gate and left (E) on dyke to Boundary Road	0.3

159.4	L	N	Boundary Road	0.9
160.3	L	W	Westminster Hwy	0.7
161.0	R	N/W	River Road	11.0
172.0	L	S	Shell Road	0.2
172.2	R	W	River Road	1.0
173.2	R	N	Canada Line Bridge Bike Lane	1.3
174.5	L	W	Kent Ave S	0.1
174.6	R	E	Kent Ave N	0.6
175.2	L	N	Ontario Street	7.0
182.2	L	W	1 st Ave (cross under Cambie bridge to Commodore Road)	1.1
183.3	L	W	Moberly Road	0.3
183.6	R	W	Charleson Road becomes Lamey's Mill Road becomes 2 nd Ave	1.9
185.5	R	N	Burrard Street	1.3
186.8	R	E	Pacific Street	0.1
186.9	R	S	Hornby Street	0.1
187.0	R	W	Beach Ave	0.8
187.8	L	W	Pacific Street (becomes Beach Ave then Stanley Park Drive)	2.0
189.8	R	E	Lagoon Drive	1.1
190.9	L	N/E	Stanley Park Drive (keep to the right)	2.1
193.0			CONTROL #5 Brocton Point Information Control	
193.0	CO	W	Stanley Park Drive	2.9
195.9	BL	N/E	Ramp on to Stanley Park Causeway and over Lions gate Bridge (keep to right to enter North Vancouver) – becomes Marine Drive	3.0
198.9	R	S	Tatlow Ave	0.1

199.0	L	E	15 th Street	0.2
199.2	R	S	Pemberton Ave	0.6
199.8	L	E	1 st Street becomes 2 nd Street	2.0
201.8	BR	E	3 rd Street	0.3
202.1	R	S	Forbes Ave becomes Esplanade	0.4
202.5			FINISH CONTROL Starbucks at corner of Esplanade and Rogers Ave, North Vancouver	

Note: Ride organizers may make last minute changes because of road closures or other problems. The route sheet you receive at the start of the ride is the official one.

R-right L-left BR-bear right BL-bear left ST-straight CO-straight on T-turn around