

Permanent Brevet #21

Fraser Flats 300 km

Start: East 4th Avenue at Boundary, Vancouver
Finish: Knight and Day Restaurant, Boundary and Lougheed, Vancouver

Dist. (cum.)	Turn	Direction	Route	Dist. G0 kms
			Start Control - Vancouver East 4th Ave at Boundary (near Boundary & Lougheed)	
0.0	R	S	Boundary Rd	0.1
0.1	L	E	HWY-7 [Lougheed Hwy]	4.0
4.1	BR	SE,E	Winston Slip/Winston/Government	6.5
10.6	R	E	HWY-7 [Lougheed Hwy]	0.4
11.0	R	S,SW	North Road/Columbia	4.4
15.4	R	SE	Patullo Bridge via ramp (Use sidewalk on bridge)	1.8
17.2	R	W/N	On side road, go under bridge	0.2
17.4	L	W	112 Ave	0.1
17.5	L	SW	Bridge St (under bridge AGAIN)	0.6
18.1	CO	SW	S Fraser Way/River Rd	17.4
35.5	R	NW	Vasey Rd (60 St)	0.8
36.3	L	W	River Rd follow path under Hwy 99	0.7
37.0	R	W	take path thru Marina Pkng Lot	0.9
37.9	L	S	Ferry Rd (path from side of building at far end of Marina)	1.5
39.4	R	SW	River Rd	0.8
40.2	L	SE	Elliott St	0.1
40.3	R	SW	Bridge St becomes Garry St	0.4
40.7	R	W	47A Ave becomes River Rd West	1.7
42.4	L	S	41B St/Tsawwassen Dr N (after Lions Gate Fisheries)	6.6
49.0	R	SW	HWY-17 to Ferry Terminal	2.7
51.7	BL	SW	follow signs for foot passenger pick-up/drop off	0.8
52.5			CONTROL #1 – Tsawwassen Ferry Terminal Foot Passenger Arrivals Area	

52.5	CO	S/NE	follow vehicle exit out of terminal	0.8
53.3	CO	NE	HWY-17	6.9
60.2	R	E	28th Ave	0.8
61.0	L	N	64 St (@T)	1.6
62.6	R	E	36 Ave	1.6
64.2	L	N	72 St (@T)	1.6
65.8	R	E	Churchill St - Caution! - Gravel on corners	1.6
67.4	L	N	80 St (@T)	0.9
68.3	R	E	Ladner Trunk Rd/HWY-10	2.8
71.1	R	S	Hornby Dr	3.8
74.9	L	N	112 St (@T)	0.9
75.8	R	E	HWY-10 [Ladner Trunk Rd]	2.1
77.9	R	S/E	120th St / New McLellan Rd / 56th St	1.8
79.7	R	S	125A St	0.4
80.1	BL	SE	Station St / Colebrook Rd	4.9
85.0	R	S	HWY-99A [King George Hwy] (unmarked, before overpass)	3.1
	R	W	Nicomekl Rd	0.1
	L	S	Elgin Rd - Caution! - Narrow bridge	0.3
88.1	R	W	Crescent Rd (sign Crescent Beach)	3.6
91.7	L	S	128 St (sign White Rock)	2.3
94.0		E	Control #2 – Ocean Park Starbucks Coffee Co (on left near 16 Ave) at 60-1658 128 Street - near Royal Bank	
94.0	CO	S	128 St	0.6
94.6	L	E	Marine Dr	6.7
101.3	CO	E	8 Ave	8.9
110.2	R	S	204 St (no choice)	0.8
111.0	L	E	4 Ave (no choice)	2.4
113.4	R	S	216 St (@ T)	0.8
114.2	L	E	O Ave (@T)	10.3
124.5	CO	E	Cross HWY-13, Stay on 0 Ave	9.3
133.8	L	N	Townline Rd (at end, unmarked)	1.6
135.4	R	E	Huntingdon Rd/Vye Rd	11.3
146.7	L	N	Fadden Rd	1.0
147.7	R	E	Nelles Rd (@T)	0.1
147.8	R		Control #3 – Birchwood Dairy (South of Abbotsford)	

147.8	UT	W	Nelles Rd	1.0
148.8	R	N	Whatcom Rd	1.8
150.6	L	W	N Parallel Rd	1.3
151.9	L	W	Old Yale Rd (Abbotsford)	2.4
154.3	R	N	McMillan Rd	1.3
155.6	L	W	High Dr	0.1
155.7	R	NE	Old Clayburn Rd	3.2
158.9	CO	W	Clayburn Rd	2.4
161.3	R	N	Riverside St (after Hwy 11 and RR)	0.8
162.1	L	W	Townshipline Rd	0.5
162.6	R	N	Riverside St	3.1
165.7	BL	NW	Ramp onto Mission Bridge (Option: take sidewalk)	1.6
167.3	BR	NE	1st Exit off bridge, to HWY-7/Mission City Centre/Agassiz	1.2
168.5	L	NW	Horne St	0.2
168.7	R	NE	Glasgow Ave/Murray St	0.3
169.0	R	E	HWY-7 [1st Ave]. Stay on HWY-7 [Lougheed Hwy], thru Dewney, Deroche, and beyond.	32.1
201.1	L	N	Morris Valley Rd (at the Sasquatch Inn)	6.2
207.3	L		Control #4 Chehalis River Forest Service Camp Site (just after crossing Chehalis River)	
207.3	UT	S	Morris Valley Rd	6.2
213.5	R	W	HWY-7 [Lougheed Hwy]	55.3
268.8	L	W	Haney By-Pass	1.8
270.6	L	W	sign for River Rd/116 Ave (part way up hill)	0.0
270.6	L	S	223 St	0.1
270.7	R	W	River Rd	3.4
274.1	R	N	207 St (@T)	0.5
274.6	L	W	HWY-7 [Lougheed Hwy] (cross Pitt River Bridge)	7.5
282.1	L	W	"HWY-7B [Mary Hill Bypass] Caution: Heavy traffic. Difficult turn. Alternative: Go to crosswalk"	7.2
289.3	L	S/W	United Blvd	3.2
292.5	R	N	King Edward St	0.5
293.0	L	W	HWY-7 [Lougheed Hwy]	12.7

305.7	L		Finish Control - Vancouver Knight & Day Restaurant (Boundary & Lougheed)	
<p>Note: This is not the official route sheet. Ride organizers may make last minute changes because of road closures or other problems. The route sheet you receive at the start of the ride is the official one.</p>				

L = Left
R = Right
BL = Bear Left
BR = Bear Right
UT = U-Turn
CO = Continue On